



A Buffet of Sensory Interventions: Solutions for Middle and High School Students with Autism Spectrum Disorders

Susan Culp MS OTR/L

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This book offers a smorgasbord of sensory-based interventions for use by educators, occupational therapists and parents. This practical and well-researched tool is unique by focusing on middle and high school students, whose sensory needs are often overlooked. In suggesting interventions for this age group, the author emphasizes the importance of fostering independence, self-advocacy and self-regulation as a way to for teens with autism spectrum disorders to take ownership of their sensory needs as they transition into adulthood. Using simple terminology and lots of illustrations, the book also explains sensory integration basics, describes the sensory systems and their dysfunction and helps develop daily educational interventions through assessment of sensory needs. Parents and educational team members working with teens with autism spectrum disorders will benefit from adding this resource to their library.

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