



# **Journey Across the Life Span Human Development and Health Promotion**

*Elaine U Polan, Daphne R Taylor*

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Here's just what you need to effectively care for your patients in the ever-changing world of health care. Elaine Polan and Daphne Taylor guide you through the life cycle—from conception to old age—with an emphasis on health promotion, maintenance, and restoration in clinical practice.

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