



Childhood Unbound: Saving Our Kids' Best Selves--Confident Parenting in a World of Change

Ron Taffel

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Dr. Ron Taffel, one of the country's most sought-after child-rearing experts, draws on decades of counseling experience and extensive conversations with parents nationwide to offer an original and inspiring analysis of the distinctive challenges parents face in raising children today. He also introduces a breakthrough approach for guiding kids -- from children to teens -- in ways that bring out the best in both kids *and* parents in these twenty-first-century times.

With warmth and clarity, Taffel, who is himself a parent struggling with these issues, helps us to understand our sons and daughters in an entirely new way: as a distinctive "free-est" generation, born to the first generation of "post-baby boomer" parents and the products of a decades-long cultural sea change that intensified in the nineties.

As a result, kids of all ages are now a bundle of contradictions: they exude entitlement, back talk shockingly, negotiate endlessly, worship celebrity, do ten things at once, conduct independent lives online, and engage in high-risk behavior at younger ages. Yet, they are also far more open with their parents and each other than kids in prior generations, are strikingly generous and empathetic, and care deeply about ethical issues. In addition, their high-speed multitasking is preparing them for the demands of the future.

The key question, then, is how to encourage the *good* while steering them away from the *bad*. Taffel believes today's parents, having lived through the beginning phases of the same social changes, are uniquely qualified to bring out kids' best -- and he shows you how.

Using a wealth of examples, he walks parents through innovative methods to get children's and teens' attention, to set limits they will respect, and to engage them in meaningful conversation to provide the guidance they need. He also instructs on how to rebuild supportive community around us. His inspiring analysis and expert guidance will be embraced as the authoritative new approach to raising their kids that parents have been searching for.

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