



# 1... 2... Cook: Quick and Easy Meals for One or Two People

*Don Alexander*

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## 1... 2... Cook: Quick and Easy Meals for One or Two People Don Alexander

This book is intended for the single person, or couples, who are not of a culinary nature, and want to make dinners for one or two people. This book is intended to give the reader quick and easy recipes that make just enough food for themselves or themselves and another person, while teaching them some useful cooking tips along the way. There are a variety of meals in the book from pasta dishes to chicken, meat and fish dishes. There is also a chapter in the book about making meals for that special person in their life.

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