

## **My Body Passport**

Wendy Coulson Ph.D., Laura Coulson M.D.

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#### **My Body Passport**

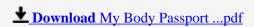
Wendy Coulson Ph.D., Laura Coulson M.D.

My Body Passport Wendy Coulson Ph.D., Laura Coulson M.D.

#### PERSONAL, PORTABLE, NON-HACKABLE

- \* It's your body: your health history, your records.
- \* Comprehensive, an "FAQ" of health history and tracking.
- \* Includes emergency information, history, and ongoing conditions.
- \* User-friendly and simple layout.
- \* Easy to fill-out and clear to read.
- \* For you, for your family.
- \* Easy to update with new information.
- \* Your health history at your fingertips.
- \* Peace of mind having all important information in one place. Like a passport.
- \* Travel with your complete and concise medical history.
- \* Could be a life-saver in a medical emergency.
- \* Use for on-going health records, whilst traveling or at home.
- \* Provides ease of mind to you and your family.
- \* Provides ease of information, under your control, ready for medical services world-wide.
- Q: What does it include?
- A: Use the "Look Inside" feature and see the Table of Contents.
- Q: What size is it?
- A: Sized to easily fit in a back pocket or a purse, 5" x 8".
- Q: What kind of experience do people have when using My Body Passport?
- A: Peace of mind knowing that they have access to their health history and records at their fingertips. No more vague or inaccurate answers, or I don't knows.
- Q. Can I use this for children?
- A. Yes, it is a great way for parents to keep track of the whole family's health, including vaccinations and office visits, from birth on up.
- Q. Will it work for my aging parents?

- A. Yes, all their medications, existing conditions, various doctors and appointment histories are readily accessible.
- Q. Can I take it with me to my appointments?
- A. Yes, the book was designed and reviewed by doctors with the patient and the health specialist in mind. You will improve the effectiveness of your care by bringing your health records, being able to discuss specifics with your doctor, and recording the visit outcomes and next steps.
- Q. What makes it easy to fill in?
- A. Check out all the "check" boxes, pre-labeled for you. We wore out our pencils designing the forms, so you don't have to. Look inside. It's easy and enjoyable to fill out, and easy to use.



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Are you kind of active person, only have 10 or even 15 minute in your time to upgrading your mind skill or thinking skill perhaps analytical thinking? Then you have problem with the book as compared to can satisfy your short period of time to read it because all of this time you only find reserve that need more time to be examine. My Body Passport can be your answer given it can be read by you who have those short time problems.

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