



# **Thyroid Disease: Hyperthyroidism: The most important information you need to improve your health (The Everything® Healthy Living Series)**

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If you or a family member has been diagnosed with thyroid disease, you may feel overwhelmed by the challenges ahead. The Everything® Healthy Living Series is here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to improve your health.

Inside you'll find expert advice and helpful tips on understanding hyperthyroidism, treatment options for your overactive thyroid, the different medications available to you, and the steps you can take towards a healthy life.



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