



Relational Mental Health: Beyond Evidence-Based Interventions

José Guimón

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Relational Mental Health: Beyond Evidence-Based Interventions José Guimón

This volume contains current evidence-based diagnosis and therapeutic interventions for people with mental disorders. Students and professionals alike will find the mental health field addressed as a whole in a coherent and understandable way. Readers are offered a unified presentation of psychological and sociological approaches to diagnosis and treatment.



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