



Love Food Love Sex: Seriously Seductive Ways to Satisfy Your Appetite

Emily Dubberley

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Food and sex are connected at a fundamental level. Both are essential for life, and both fuel our desires, but how can we make the most of these sensual pleasures for ultimate satisfaction? Love Food Love Sex shows us how.

Bestselling sex and relationships expert Emily Dubberley and chef Tom Rea share their culinary and erotic secrets. Whether seeking fast food or a gourmet feast, there's something here to suit all palates. With tantalizing treats for new relationships, everyday pleasures to bring fresh flavor to old favorites and advice on turning up the heat in the kitchen--and the bedroom--amorous couples can explore the pleasures of sex and food, discovering how the right food can get you in the mood.



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