



# Afoot and Afield: Los Angeles County: A Comprehensive Hiking Guide

*Jerry Schad*

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## **Afoot and Afield: Los Angeles County: A Comprehensive Hiking Guide** Jerry Schad

Jerry Schad is your knowledgeable and reliable guide for the 192 trips in this book--ranging from gentle family walks in Griffith Park to strenuous treks over the spine of the San Gabriel Mountains. Whether you see solace from the crowds, a cardiovascular workout, or a new perspective of the natural world around you, this book provides all you need to know. The second edition of this popular book covers all of the county's open spaces. A total of 192 hikes-including 17 new ones-are described in detail with trips organized into specific areas. Illustrated; detailed maps.



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