



World Food Cafe

Chris Caldicott, Carolyn Caldicott

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One of the greatest pleasures derived from travel is the opportunity to try new foods and experience new flavors. Chris and Carolyn Caldicott have spent a great portion of their lives traveling the globe, and in *World Food Caf* they share a savory and eclectic collection of their favorite vegetarian dishes gathered from their journeys.

The recipes are organized in five sections, according to region - The Middle East, Africa, India, Southeast Asia and China, and Latin America. Each section begins with an introduction to the food of the region based on the firsthand experience of the authors. Each recipe is enhanced with suggestions for variations, advice on how to plan menus, beautiful food and location photos, and, often, the Caldicotts' own story of how and where they first encountered the dish.

Recipes include Rice with Rosewater, Dates, and Almonds (The Middle East); Hindu Roast Spice Curry (India); Red Jungle Curry of Vegetables in Fresh Ginger (Thailand); and Spicy Vegetable, Potato, and Cheese Empanadas (Peru).

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