



The Lucidity Project: A Novel

Abbey Campbell Cook

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Depression has haunted twenty-five-year-old Max Dorigan her entire life. After years of unsuccessful treatment and a failed suicide attempt, Max agrees to join “The Lucidity Project,” a program at a mysterious health and wellness resort in the Caribbean—where, she soon finds, the people are just as troubled as she is, only in a different way. They claim to have psychic powers. They claim they can see ghosts. They claim Max is one of them.

Max refuses to pay much attention until Dr. Micah McMoneagle, the charismatic head of the project, reveals he’s found a way to allow people to enter each other’s dreams. Now, instead of discussing their issues in talk therapy, Max and her new gifted friends can symbolically work through their problems on the astral plane. Together they embark on a magical, transformational journey through dreamtime to reveal the causes of the things that are holding them back—an adventure that ultimately awakens them to who they really are, and what they came to earth to do.

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