

# Absolute Truth Exposed - Volume 1: Applying Science to Expose the Myths and Brainwashing in the Big Bang Theory, Autoimmune Diseases, Ibd, Ketosis, Di

Kent R. Rieske



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**Absolute Truth Exposed - Volume 1** covers eight topics that are vitally important to everyone. Your life will be transformed in astonishing, almost miraculous ways if you study and apply the Absolute Truth Exposed in this book. Nearly everyone has or will have an autoimmune disease because the list of several dozen diseases seems endless. Doctors and their patients who are suffering from rheumatoid arthritis, Crohn's disease, ulcerative colitis, asthma, multiple sclerosis, lupus, and other autoimmune diseases have observed the cycles between periods of activity called flares and periods of calm called remissions, but they have failed to discover the truth behind the cause of these diseases and the reason for the cycling. I have exposed the absolute truth about these diseases and presents dietary guidelines that will allow sufferers to achieve remission for longer periods of time and avoid many of the painful flares.

#### SPECIAL UPDATE REPORT

Rheumatoid Arthritis, Asthma, Lupus, MS, PCOS, and Dozens of Other Autoimmune Diseases

New research has found that a megadose of omega-3 fatty acids produces better autoimmune disease suppression than one tablespoon of Carlson's Lemon Flavored Cod Liver Oil per day as recommended in the book. Even though the book recommends three times the amount listed on the bottle (one teaspoon or 1,100mg), the amount should be increased if the disease is not responding. The recommended megadose is one tablespoon three times a day with a meal (three tablespoons per day, 9,900 mg, or 9.9 grams). Reports have confirmed that the higher dosage provides a very positive reduction in the symptoms of arthritis, asthma, lupus erythematosus, multiple sclerosis, Crohn's, inflammatory bowel, diverticulosis, fissures, fistulas, ulcers, interstitial cystitis, polycystic ovarian syndrome, psoriasis, and dozens of other autoimmune diseases.

You may or may not believe the Big Bang Theory of the origin of the universe. This dilemma has been resolved. **Absolute Truth Exposed - Volume 1** presents scientific facts to prove that Dr. Edwin Hubble's Redshift Light Theory is wrong. The claim is being made in this book that the redshift in the spectrum of light coming from distant galaxies is caused by a decrease in the speed of light, not by expansion of the distant galaxies accelerating away from Earth. The Rieske Spacetime Drag Coefficient for the Speed of Light proves beyond any possible doubt that Dr. Edwin Hubble's Redshift Light Theory is wrong and in doing so, destroys the Big Bang Theory as well. Astronomers and astrophysicists have made a major blunder by summarily accepting the error that the speed of light decays as it travels through space, and the decay rate has been calculated. I hope you have the courage and inspiration to look beyond and through the massive amount of false information that has been dumped on our society by companies, organizations, educators, and politicians with their diverse agendas.

I am certain you will find this book to be fascinating, shocking, and hopefully life changing. Many of your lifelong beliefs will be challenged.

Enjoy, Kent R. Rieske, author.

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