



The Tapas Bar Guide

Anthony Rose, Isabel Cuevas

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Tapas have become the most important phenomenon in Spanish culinary history and this movement is unstoppable due to the high quality Spanish cuisine promoted by the most important Spanish chefs, and this has resulted in a dramatic increase in the number of Spanish restaurants in the five continents. In London there is an expanding array of tapas bars and restaurants such as Brindisa, Barrafinna, Pizarro and Fino, sitting cheek-by-jowl with an equally growing number of informal, fun wine bars and brasseries. This book is an exclusive selection of the 25 best tapas bars/restaurants in London. It will feature a review of each bar and a selection of tapas recipes they serve, the history of tapas, an introduction to Spanish wines, a glossary of tapas terms. The objective is to contribute to the spread of tapas culture worldwide, in promoting both the consumption of Spanish products (i.e. ham, cheese, olives, wines, olive oil, preserves, etc.) and Spanish cookery itself. The audience for this guide will be any person whether living in London or just visiting from other parts of the UK or overseas, including the Spanish community and the Spanish tourists. Anyone interested in the fashionable tapas phenomenon and wishing to experience it in one of the most fashionable cities in the world: London.

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