



# **Diabetes: Diabetes in Men and Women: The most important information you need to improve your health (The Everything® Healthy Living Series)**

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If you or a family member has been diagnosed with diabetes, you may feel overwhelmed by the challenges associated with this disease. The Everything® Healthy Living Series is here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to improve your health. Diabetes diagnoses are not created equal—and neither are the treatments. From mood swings to intimacy, diabetes affects the lives of men and women differently. For women, changes in hormonal levels can get in the way of controlling diabetes. And pregnancy adds its own complications. Men may have to deal with depression or sexual dysfunction. Reassuring and easy to follow, this guide will become your go-to source for information on gender-specific complications of diabetes and the issues unique to you.

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