



# **Burnout. Allgemeine Vorsorgemaßnahmen (German Edition)**

*Alexandra Rössner-Fischer*

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Akademische Arbeit aus dem Jahr 2007 im Fachbereich Medizin - Sozialmedizin, Arbeits- und

Berufsmedizin, Note: 1,3, Verwaltungs- und Wirtschaftsakademie Rhein-Neckar e. V., Sprache: Deutsch,

Abstract: Burnout wird häufig als Schwäche, Versagen oder individuelle Fehlleistung angesehen, obwohl in der Forschung zunehmend akzeptiert wird, dass die Arbeitsbedingungen bei der Entstehung von Burnout eine wichtige Rolle spielen.

Dieser Band erklärt, worum es sich bei Burnout handelt und mit welchen Maßnahmen man Burnout in der Arbeit und im Privatleben verhindern kann.

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