



Mental Health: 51 (Issues Today)

Lisa Firth

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It has been suggested that one in four British people suffer from a mental health disorder at some point in their lives, and new figures have revealed that England spends over £100 billion on mental health-related costs. And yet stigma and discrimination towards sufferers of mental ill health remain widespread. The information comes from a variety of sources, including government reports and statistics, newspapers and magazine articles, surveys and polls, academic research and literature from charities and lobby groups; articles have been tailored to an 11 to 14 age group. Additionally, at the end of each chapter are two pages of activities relating to the articles and issues raised in that chapter.

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