



Bullying (52 Brilliant Ideas)

Dr Sabina Dosani

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Bullying behaviour comes in many shapes and sizes, and being bullied in childhood can have lifelong effects. Recent UK research indicates that 1 in 4 primary school children and 1 in 10 secondary school children are bullied at least once a term. Bullying makes children lonely, unhappy and frightened. Tackling bullying and its side-effects can be a very delicate business, and each case is unique. Often parents don't know anything is wrong until events overtake them, or they can't think of the best way to help their child survive the experience. Being armed with the right information about bullying, recognising the symptoms to look out for, and knowing effective ways of breaking the cycle of abuse can be crucial factors in ensuring your child deals with their tormentors in a calm, positive and proactive way. In *Bullying* Dr Sabina Dosani has put together 52 brilliant ideas to enable parents to help their children survive being bullied and become stronger and more confident people as a result. Including advice on identifying different types of bully, clever tips for not reacting to taunts, self-defence ideas for increased confidence and methods to take the wind out of a bully's sails, *Bullying* will help you to help your child find their own empowering way to take control of the situation and rid themselves of the fear that being bullied can bring. In *Bullying* Dr Sabina Dosani has put together 52 brilliant ideas to enable parents to help their children survive being bullied and become stronger and more confident people as a result.

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Tracy Caudle:

Playing with family within a park, coming to see the marine world or hanging out with buddies is thing that usually you might have done when you have spare time, and then why you don't try thing that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Bullying (52 Brilliant Ideas), it is possible to enjoy both. It is great combination right, you still wish to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't have it, oh come on its known as reading friends.

Emanuel Douglas:

This Bullying (52 Brilliant Ideas) is great guide for you because the content and that is full of information for you who all always deal with world and also have to make decision every minute. This particular book reveal it details accurately using great organize word or we can say no rambling sentences included. So if you are read that hurriedly you can have whole details in it. Doesn't mean it only offers you straight forward sentences but tricky core information with wonderful delivering sentences. Having Bullying (52 Brilliant Ideas) in your hand like obtaining the world in your arm, information in it is not ridiculous one. We can say that no guide that offer you world in ten or fifteen moment right but this e-book already do that. So , this is certainly good reading book. Hey Mr. and Mrs. occupied do you still doubt which?

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