



Good Housekeeping Vegetarian: Meatless Recipes Everyone Will Love

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When you're going meat-free—or just cutting down—the question is: how can I get a healthful, appetizing, vegetarian meal on the table . . . fast? These 100 tried-and-true, triple-tested recipes from *Good Housekeeping* provide the delicious answer!

Ranging from Soups & Stews and Main Dish Salads to Quick Dinners and One-Dish Meals, the family-friendly options include Red Bean and Collard Gumbo, Grown-up Pizza Bagel, Queso-Blanco Soft Tacos, Falafel Sandwiches, Cauliflower Mac and Cheese, and Broccoli Stir-Fry with Rice Noodles. An introduction covers nutrition basics, and hints and tips on shortcuts appear throughout.

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