



So Fat Low Fat No Fat Desserts

Betty Rohde

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GIVE IN TO SWEET TEMPTATION!

Betty Rohde has transformed cooking styles across the country with her bestselling books. In *So Fat, Low Fat, No Fat Desserts*, she offers more than 160 luscious recipes for desserts, sweets, and snacks so delicious and satisfying you'll never believe that they're low- or no-fat.

Here are guilt-free versions of America's favorite desserts, like Triple Chocolate Brownies, Lemon Pound Cake, Hot Fudge Sundae Pudding Cake, Pineapple Upside-Down Cake, and Cherry Crisp. Get your day off to a sweet start with Cinnamon Rolls or Make-Ahead Refrigerator Muffins, and try a piece of Spiced Snack Cake with Apple Cider Sauce or Pecan Pie Surprise Bars with a cup of afternoon tea. Cherry Wine Cake or Frozen Strawberry Pie is the perfect end to a special dinner, while Autumn Pumpkin Cake with Harvest Moon Frosting or a Frosted Fruit Gel lends a festive touch to a holiday table. And don't forget to fill the cookie jar with Cinnamon Sugar Drop, Quick Chocolate Chip, Oatmeal, or German Chocolate Drop Cookies!

Now you can indulge yourself, your family, and your friends whenever the mood strikes, without worrying about calories or cholesterol.

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