



# **Cooking Light Cook's Essential Recipe Collection: Weeknight: 57 essential recipes to eat smart, be fit, live well (the Cooking Light.cook's ESSENTIAL RECIPE COLLECTION)**

*Editors of Cooking Light Magazine*

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Banish 5 o'clock guilt forever with the new, wonderful-to-read, wonderful-to-cook Essential Recipe Collection Weeknight. It features more than 50 Cooking Light kitchen-tested recipes for family-pleasing, health-conscious meals that don't take a lot of advance planning. Easy entrees, one-dish dinners, soup and salad, and make-ahead meals—they're all here, and they're all incredibly tasty. Just what you'd expect from Cooking Light!



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