



Creating Fulfilling Relationships: Turning Cell Mates Into Soul Mates

Michael Mirdad

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Far from a typical book on relationships, this book is about making all of our relationships (not just partnerships) healthy and fulfilling. This book is not about finding yet another date or becoming attached to yet another person whom we hope will "complete us" only to be let down once again. This book is about...Being centered in our True Self; Feeling responsible enough to set healthy boundaries; and Sharing fulfilling relationships with others. The more we nurture and experience deep, authentic, fulfilling relationships, the happier we will be.

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