

# **Asymmetric Sailing**

Andy Rice

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Feel the need for speed with Asymmetric Sailing Asymmetric sails have revolutionized the sport of sailing but require a special set of skills. Now you can learn the secrets of getting the most from your boat - whether you sail an entry level dinghy, high performance skiff, sportsboat or catamaran. This is the first book to be dedicated to the subject of sailing with asymmetric spinnakers There's step-by-step guidance and step-by-step colour photos throughout. Every stage of asymmetric sailing is covered including: \* Rigging and tuning \* Hoists, gybes and drops \* Tactics \* Solo and crewed \* Survival sailing \* Advanced skills Tips, advice and some great shortcuts from expert sailors in a wide range of classes give you the inside knowledge to get ahead of the fleet. In fact the acknowledgments page reads like a who's-who of asymmetric sailing with Olympic medalists, world champions, leading coaches and designers sharing their skills. Not that author Andy Rice lacks credentials having won a 49er national championship and sailed with such greats as John Merricks, Ian Walker and Simon Hiscocks.



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