



The Tao of Coaching: Boost Your Effectiveness at Work by Inspiring and Developing Those Around You (Profile Business Classics)

Max Landsberg

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The essence and success of *The Tao of Coaching* has always been its focus on the practical tips and techniques for making work more rewarding through the habit of coaching - and this philosophy continues to underpin this brand new reissue.

The book's premise is simple: that to become an effective coach, managers and leaders need master only a few techniques, even though mastery obviously requires practice. Each chapter focuses on a specific technique - or Golden Rule - of coaching to help practice make perfect.

Tried and tested by generations within and beyond the workplace, this succinct and engaging book gives readers the tools to:

- create more time for themselves, by delegating well
- build, and enjoy working with, effective teams
- achieve better results
- enhance their interpersonal skills.

It demonstrates that coaching is not simply a matter of helping others and improving performance, but is also a powerful force for self-development and personal fulfilment.

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