



Cooking With Coconut Oil Vol. 1 - 50 Coconut Oil Recipes Promoting Health, Wellness, & Beauty (Coconut Oil Diet, Coconut Oil Recipes and Cookbooks) (Volume 1)

Samantha Sterling

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Cooking With Coconut Oil is sold exclusively on Amazon.com both in paperback and eBook format for your convenience.

In this volume Samantha brings you a wide variety of recipes that contain the miracle food know as coconut oil!

Take a look at some of the delicious recipes! 50 in total to be exact!

Tomato & Parsley Sauce Potatoes Creamy Wild Chowder Vegan Burger Swiss Chard with Garbanzo Beans and Couscous Garbanzo Curry Polenta Arepas Ginger Stir-Fry with Coconut Rice Avocado Tacos Vegan Style Shepherd's Pie Tempeh Sandwiches: Easy Vegan Pasta & Pine Nuts Mediterranean Zucchini Pumpkin-Apple Curry Lentils Garlic-Ginger Tofu Baked Potato with Lentils Cheesless Vegan Mac Noodles with Spicy Tahini Spicy Potato Curry Quinoa Chard Pilaf Broccoli Quiche Lentil and Veggie Bake Grilled Tomato-Balsamic Veggies with Couscous Tempeh Fajitas Lentil, Kale, and Red Onion Pasta Teriyaki Tofu with Pineapple Tofu and Red Bell Peppers with Spicy Peanut Sauce Toasted Almond and Quinoa Salad Vegan Chili Marrakesh Stew Crispy Sesame Tofu and Broccoli Stuffed Sweet Potatoes Tofu Kebabs with Cilantro Dressing Four-Grain Vegan Salad Barley Greens Pesto Cajun Style Tempeh Celery Root Soup Garbanzo Cakes with Avocado Vegan Paella Spicy Quinoa with Edamame Avocado Pasta with Blackened Veggies Black-eyed Peas with Collard Greens and Turnips Black Bean Quesadillas Stuffed Red Bell Pepper Couscous with Olives and Sun-dried Tomatoes Braised White Beans and Chard Miso Soup with Napa Cabbage Chinese Porridge Curried Carrot Soup Vegan Kofte Creamy Vegan Alfredo

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