



Secret Suffering: How Women's Sexual and Pelvic Pain Affects Their Relationships (Sex, Love, and Psychology)

Susan Bilheimer, Robert J. Echenberg M.D.

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Secret Suffering: How Women's Sexual and Pelvic Pain Affects Their Relationships is the first book to explain how pelvic and sexual pain affects the lives of women (and men) and their partners in their own words/ The work also provides information on cutting-edge research and describes the most effective treatment modalities. Susan Bilheimer, coauthor, shares her own experiences as a patient who has gone down the painful, frustrating road of living with an illness that is often dismissed and not taken seriously. Robert J. Echenberg, M.D., coauthor, has treated over 700 women (and some men) with the disorder. He shares his decades of experience and expertise as a gynecologist and specialist in the treatment of chronic pelvic pain.

Not only does CPP interfere with a woman's physical and mental health, it can wreak havoc in family relationships, ruin careers, and wreck marriages. In the majority of cases, women suffer in silence. Even when they do seek medical help, what they find too often is inadequate care, as most doctors, even gynecological specialists, are not properly trained in recognizing, much less treating, all aspects of CPP.

Through classic, new, and emerging research, with statements from experts and interviews with CPP sufferers and their partners, *Secret Suffering* exposes and gives strong voice and compassionate understanding to this complex disorder. Most importantly, information on effective treatments for CPP, as well as the depression and other psychological fallout it may cause, are presented. Through *Secret Suffering*, Bilheimer and Echenberg finally shatter the silence, educate patients, build understanding, and demand that chronic pelvic and genital pain be taken seriously by the medical community.

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Lewis Tuggle:

The reason why? Because this Secret Suffering: How Women's Sexual and Pelvic Pain Affects Their Relationships (Sex, Love, and Psychology) is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will surprise you with the secret that inside. Reading this book alongside it was fantastic author who have write the book in such awesome way makes the content inside of easier to understand, entertaining method but still convey the meaning totally. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of positive aspects than the other book get such as help improving your expertise and your critical thinking approach. So , still want to delay having that book? If I have been you I will go to the publication store hurriedly.

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The book untitled Secret Suffering: How Women's Sexual and Pelvic Pain Affects Their Relationships (Sex, Love, and Psychology) contain a lot of information on the idea. The writer explains the woman idea with easy means. The language is very clear and understandable all the people, so do certainly not worry, you can easy to read that. The book was written by famous author. The author will take you in the new period of time of literary works. You can easily read this book because you can read on your smart phone, or product, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can available their official web-site and also order it. Have a nice examine.

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