



# Advice from My 80-Year-Old Self: Real Words of Wisdom from People Ages 7 to 88

*Susan O'Malley*

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What advice would your 80-year-old self give you? That is the question artist Susan O'Malley, who was herself to die far too young, asked more than a hundred ordinary people of every age, from every walk of life. She then transformed their responses into vibrant text-based images. From a prompt to do things that matter to your heart, to a reminder that it's okay to have sugar in your tea, these are calls to action and words to live by—heartfelt, sometimes humorous, and always fiercely compassionate. This stirring celebration of our collective humanity unveils the wisdom we hold inside ourselves right now.

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Information is provisions for anyone to get better life, information presently can get by anyone with everywhere. The information can be a know-how or any news even a huge concern. What people must be consider any time those information which is inside former life are challenging to be find than now is taking seriously which one is suitable to believe or which one often the resource are convinced. If you receive the unstable resource then you have it as your main information we will see huge disadvantage for you. All those possibilities will not happen throughout you if you take Advice from My 80-Year-Old Self: Real Words of Wisdom from People Ages 7 to 88 as the daily resource information.

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